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ENNEAGRAM ASSOCIATION IN THE NARRATIVE TRADITION

PRESENTER HANDOUTS

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Sensate Awareness of Harmony

Enneagram Association in the Narrative Tradition 2012 Conference

“Sensate Awareness of Harmony”

Part of the
Aligned Essence—Wellness Series
Harmony of Wellness LLC

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Harmony of Wellness LLC

Harmony of Wellness invites you to experience reality using vibratory awareness. You will explore a blending of scientific principles and human vibratory relationships that have the potential to unlock patterns of disease, disharmony and trauma.

Our bodies are built according to the laws of all existence. We function, accumulate disease and heal from trauma according to these laws. We can heal our whole being with these natural principles. Principles that have always existed are intrinsic to our vibratory structures and are just now being scientifically acknowledged.

The development and training of our consciousness, conscious mind and inner wisdom evolve us into the whole being of our inherent potential. We blend disciplines and learn to navigate the anatomy of the whole being. We stretch ourselves to fulfill the template of our essence.

The Wellness Series

Wellness Series Practices offer a new awareness of the true nature of reality. You may use the practices to restore health, harmony and wellbeing to individuals, groups and environments.

Our vibratory system is frequency and pattern moving at varying rates of intensity and dimension. Our systems are multidimensional and holographic by nature. A few of the vibratory Aspects of your personal system include: Essence of Origin, and your Aura, Perfection, and Blueprint. Each Aspect is essentially coherent waves of energy in communication with each other throughout an interactive holographic, multidimensional reality.

The Vibratory Nature of Your Whole Being

The Divine Web

Our oneness is the container for this Work. In essence we are all connected and recognized as beads of light existing on a Divine Web. The Divine Web is the metaphoric expression of the interconnectedness of all things, matter and spirit, molecular and celestial.

On the Divine Web each bead of light defines an individual soul, group, nation or environment. The beads derive from the original frequencies for our existence, our Essence of Origin, which derives from the oneness.

The Divine Web is similar to science's Universal Field in that they both imbue the interconnectedness of all things. The Divine Web is in five dimensions, whereas the Universal Field is in three. The Divine Web is unfathomable in its complexity and yet pure in its simplicity.

The Universal Field exists, as far as we know, from here to infinity. It contains our planet, our solar system and myriads of other solar systems. It is a vibratory field. Scientific theories about the nature of this field refer to it as a zero point field, electromagnetic field, morphic resonant field, or space.

Vibratory Interference Patterns

Disease, disharmony and trauma are all vibratory interference patterns of a similar nature. For the purpose of discussion we will refer to all these patterns as trauma.

When trauma happens in your life, it is reflected throughout your being. You may notice it in your body as pain, emotional stress, confusion, or disease. Your Blueprint receives and stores trauma as a low-frequency interference pattern. It is possible to dissolve entirely, through Wellness Practice, the low-frequency energy patterns of trauma which form on the scales of your Aura.

Psychic Force

Psychic force is more than your mind's ability to focus. Psychic force is an instrument of consciousness that engages your innate ability to create change. It involves pure thought: the absence of subject with the potential of everything. The vibratory resonance of pure thought, combined with your desire to heal is the foundation for your psychic force. Using your psychic force develops your sixth chakra, your third eye.

On a physical level, pure thought (analytical) and desire (creative) engage the right and left hemispheres of your brain simultaneously. This simultaneous brain activity is the psychic vibratory pattern your third eye accesses to open

(intuitive). Your psychic force is the combined focus of these three waveforms, analytical, creative and intuitive.

The Aspects

The Aspects exist for each human being. There is no specific location for them, but rather a relationship of one to another, where parts of one may share commonality with, but not be fully contained within, another. Each Aspect is named and defined to help you become familiar with and attune to its nature. These definitions are guidelines for your evolving experience with your Aspects. We acknowledge that each Aspect we name is but one in a myriad that make up your whole being.

Essence of Origin

Essence of Origin is the primordial state of your being. At the genesis of souls, your creation, the original vibratory patterns for your existence, Essence of Origin, came into being. These vibratory patterns are the energy of primordial knowledge.

Essence of Origin is the intelligence that connects all things in the universe. It is the coherent quality of the Universal Field. Essence of Origin is coherent vibratory patterns that orchestrate the movement of planets, the expansion and contraction of the solar system, and the rhythm for cell growth of plants and animals. It is the pure primordial consciousness of this reality.

We understand that Essence of Origin exists in the very tiniest aspect of who we are as well as in the greatest aspect of all creation, the entire universe. Essence of Origin is reflected in everyone and everything. Essence of Origin is five-dimensional energy.

Your Aura

Your Aura is the energy surrounding your body. It is organized in relationship to and reflects your chakra system. Your Aura is a minor Aspect of your Perfection. It is also five-dimensional energy.

In simple terms, the human Aura is organized into seven layers of frequencies as you move out from your body. Your physical body is three-dimensional matter, the slowest frequency. All your electromagnetic chakra centers anchor into your physical body. Your chakras are the bridge between your physical body and five-dimensional communication.

Your 1st and 7th chakras move energy down into the earth and upward into the heavens respectively. The other five chakras open in front of you and are perpendicular, at a right angle, to these two. Your first three chakras relate to

the physical, emotional, and mental energies within you; and the throat, third eye and crown chakras relate to the spiritual energies within you. Your fourth chakra, your heart center, relates to both the physical and spiritual energies and is the bridge between the two.

Your Aura is the electromagnetic field of your body and more. It is always rebirthing itself. It communicates with its many parts in ways that your conscious mind does not conceive. Your Aura is coherent waves of energy in communication with each other throughout an interactive holographic, multidimensional reality. This is your body in a healthy state. When there is disease, disharmony, trauma or addiction, interference patterns are created that disrupt the natural spectrum, affecting communication with your Blueprint and Perfection. This is also true of genetic and chronic diseases, because all are coherent and holographic by nature.

Your Perfection

Your Perfection is the Divine Consciousness part of you. It is the sum total of your experiences and knowledge accumulated lifetime to lifetime, your knowledge library.

Your Perfection is a balance between your bead on the web and your incarnate life. It is the expression of Divine Perfection in three dimensions. Divine Perfection can be expressed in the physical world only as a state of balance. Your Perfection is an expression of vibrations within the physical that reflect the oneness.

Your Perfection is part of your Aura. This is where Truth resides for your being. Your Perfection is limitless possibilities and full potential. It is holographic in the way it functions; it is a part of every aspect of you.

You may know your Perfection as comprised of infinite geometric shapes, patterns, colors and tones. You will come to know your Perfection, infinite and unique in vibration, through Wellness Practice.

Your Blueprint

Your personal Blueprint is a subset of your Perfection. Your Blueprint contains the plan for your current life: lessons, events and goals. Your Blueprint also contains patterns of energy that influence your physical wellness. Your Blueprint is duality; it is yin and yang, containing both dissonant and truth patterns. Your Blueprint acts as a filter for energies that influence your life at specific times.

Your consciousness moves information in vibratory patterns of light. These patterns communicate with your body and the many Aspects of your being. Your Blueprint is a network for sending, receiving and storing information as light patterns. An information pathway for your resonant connection to the Universal Field flows into and from you.

Energy and light are continuously exchanged as waveforms between incarnate life structures and all existence. Your Perfection, your bead on the web, receives and interprets information into three-dimensional vibratory patterns. Your Blueprint then informs your body.

When disharmony happens in your life, it reflects throughout your being. You may notice it in your body as pain, emotional stress, confusion, or disease. Your Blueprint records it as a low-frequency interference pattern.

Your Blueprint records information and directs energy or light to your body. This works through lenses within your Blueprint that focus energy toward specific events. Wellness Practice teaches you how to interact with your Blueprint and align these lenses to clear interference or trauma formed in your Aura.

The Blueprint for a group, nation or environment is similar to a personal Blueprint in the way it functions and records information or disharmony. A group, nation or environment is also represented on the Divine Web and has a life structure. Disharmony, violence and suffering affect the evolution of these life structures.

Waveforms

Waveforms carry information across an electromagnetic field such as found in your body's physiology, or in radio, cell phone or other broadcasting systems. A waveform is the shape and form of a signal moving through air, water or matter. Types of waveforms are light, sound, and gravity. The speed of light is our fastest known form of communication, with laser light being the most coherent.